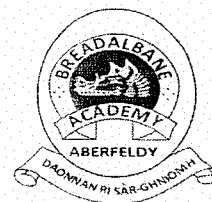


5<sup>th</sup> February 2018



John Devine M.A. (Hons); M.Ed; SQH  
*Headteacher*

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Dear Parent / Carer

### Save a Life for Scotland

Save a Life Scotland is a national campaign launched in October 2015 with the aim of equipping 500,000 people living in Scotland with the lifesaving skill of CPR by 2020. They are a large and unique group of partners and supporters, a one of its kind. They are committed to providing people living in Scotland with the opportunity to learn the lifesaving skill of CPR and empower them to realise that they have the power to save a life in their hands. They want everyone in Scotland to feel able to say 'I'll do it' should they ever find themselves in a position where someone is having a cardiac arrest and needs help!

Here at Breadalbane Academy we feel that CPR is a very important life skill and everyone should be equipped with this knowledge. We are therefore holding a *Save a Life for Scotland* event at the Campus on **Thursday 8<sup>th</sup> March**. All pupils from P7 to S6 will be involved and will have the opportunity to learn this very important skill.

How will this be done?

On the day partnerships under Save a Life for Scotland with emergency agencies such as Trossachs Search & Rescue, Scottish Fire & Rescue Services, Police Scotland, Scottish Ambulance Service and Community Resilience, Basics Scotland / Sandpiper and the British Heart Foundation will attend and deliver the training.

P7 – S6 pupils will attend a short video presentation on the CPR technique in the assembly hall. This will be followed by the attending medical professionals talking them through the technique and answering any questions. The pupils will then have the opportunity to practice their newly acquired skills on CPR manikins. They will be supported by the medical professionals who will guide and advise them at all times. The whole process should take no longer than 45 minutes, after which the pupils will be presented with a certificate to mark their achievement.



Education & Children's Services  
*Executive Director (Education & Children's Services) Sheena Devlin*



We will also provide guidance to primary staff on how they can introduce the key ideas of CPR to primary pupils.

Schools that have already held such an event are The Community School of Auchterarder and Crieff High School where between them over 1300 people learned how to do CPR. At the end of the school day the event will become open to the community, where anyone of any age is encouraged to come along and learn CPR. The volunteers will be here at the campus until 7:30pm to show anyone who is willing to learn.

**All Breadalbane Academy pupils will be attending the event on the day. If you wish for your child not to take part, please ensure you let the school office know, they will in turn make the class teacher aware on the day.**

I would also like to inform you that on the evening of 8<sup>th</sup> March we will also have the Scottish National Blood Transfusion Service who will be set up in our 4-court hall. They will be here from 4:30pm – 7pm for anyone who would like to come along and donate as well as learn CPR.

If you would like more information on Save a Life Scotland please go to their website [www.savealife.scot](http://www.savealife.scot) where you will find more information and videos from school staff and pupils that have attended previous events.

Yours faithfully



**John Devine**  
**Headteacher**