

21st May 2018
(DJ/SR)



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Dear Parent/Carer

NSPCC's *Speak out. Stay safe.* Programme

I am pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their ***Speak out. Stay safe.*** programme on 29th May 2018. This is a nationwide programme for every primary school aged child in the UK. With the help of their friendly mascot Buddy, they will be presenting a workshop for P6 and P7 pupils.

What is the *Speak out. Stay safe.* programme?

Through child-friendly, interactive assemblies and workshops NSPCC's specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are confident that they are appropriate for primary school-aged children. By the end of their visit, we are convinced children will feel empowered – knowing how they can speak out and stay safe.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. They include 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.



Education & Children's Services
Executive Director (Education & Children's Services) Sheena Devlin



The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at www.nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/preventing-abuse/keeping-children-safe/

If, for any reason, you would prefer your child not to be involved in this programme, please inform their class teacher by letter/email.

Yours faithfully



ff Mrs D Jenkins
Acting DHT Primary