

BREADALBANE ACADEMY PRIMARY DEPARTMENT

HEALTH WEEK



HEALTH WEEK

Our primary Health Week will be launching with Sports Day on Friday 7th June and will run until the following Friday. The Pupil Council have been busy planning and organising various events for us to participate in throughout the week to promote a healthy lifestyle.

In addition to the activities explained elsewhere in this newsletter there will be a Dodgeball Tournament in which class teams will be competing against each other. There will also be specific class lessons focussing on different aspects of Health and Wellbeing throughout the week.

WHOLE SCHOOL WALK

On Monday 10th June all nursery and primary pupils will be participating in a walk around Urlar in the afternoon. Pupils do not need to wear school uniform on this day but should wear clothes and footwear suitable for the weather and walking on a variety of terrains. In order for this event to take place we would greatly appreciate any volunteers who are able to come in and accompany classes on the day to ensure adequate supervision ratios are met.



THANKS

Thanks to everyone who has helped with the planning of the Health Week events as well as those people who are able to help out during the week. The support offered by many in the community is invaluable to the running and success of such events. Particular thanks need to go to the Pupil Council and the Parent Council who have contributed significant amounts of time and resources into helping to ensure the events are enjoyable.

SPORTS DAY

Sports day is taking place on Friday 7th June, starting at 1.20pm on the school pitches. As in previous years pupils will make their way up to the pitches and sit in year groups. Nursery pupils who do not attend on Friday afternoons are welcome to join in and sit with the nursery if they are supervised by an adult. In order to supervise pupils, they need to remain in their year groups throughout the afternoon. As the end of the event, pupils will be accompanied by their teacher back to school in order to be dismissed in the normal manner.

The Parent Council and Pupil Council have been working with staff to help make some changes to improve the event. One of the changes is the introduction of a grown-ups race, therefore if grown-up spectators wish to participate please come in suitable clothing and footwear. As in previous years the Parent Council be running a baking stall and will also be selling second hand uniform. Donations for these can be handed into reception from 9am on Friday or brought along on the day. To promote house competition the Parent Council have purchased coloured bibs for pupils and will also be face painting pupils who wish to have a coloured stripe on their face. If your child cannot have face paints applied please let your child's class teacher know. At the end of the event the Parent Council will be presenting participants with medals designed by parent Stuart Simpson and manufactured by The Workshop. If you are able to assist the Parent Council with face painting or at the stalls please email chairperson@breadalbaneparents.com.

Should we need to postpone due to inclement weather the reserve date is Tuesday 11th June at 1.20pm. If the event is postponed a groupcall text message will be send out and it will also be posted on social media.