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| **CfE OUTCOME** | **INTENDED LEARNING** | **POSSIBLE LINKS WITH OTHER CfE AREAS** | **SUGGESTED VOCABULARY** |
| **HWB 2-47a**  I recognise that how my body changes can affect how I feel about myself and how I may behave.  **HWB 2-48a**  I can describe the physical and emotional changes during puberty, understanding why they are taking place and the importance of personal hygiene.  **HWB 2-50a**  I am able to describe how human life begins  HWB3/5-47a  Using what I have learned I am able to make informed decisions and choices that promote my own and others sexual health and well being | Learners should:   * know that as they approach puberty, physical and emotional changes take place * understand that each person’s body changes at different rates during puberty * know and use the correct terminology for parts of the body * know about, and be able to describe, the changes which occur during puberty for boys and girls * understand about the process of menstruation * be able to make the link between, menstruation, pregnancy and birth * know about the process of fertilisation involving sperm & egg * know about the process of sexual intercourse * understand the process of birth/labour involving contractions of the uterus * to be aware of the different types of contraception, their effectiveness and pros and cons of each * be aware of the rights and responsibilities including under law * be aware of the signs and symptoms of STIs and how they can be treated | **HWB 0-01a / 4-01a**  I am aware of and able to express my feelings and am developing the ability to talk about them. | Suggested vocabulary:   * tampon * sanitary towel * pubic hair * period * scrotum * foetus * sweat * facial hair * hygiene * hormone * spots * menstruation * gestation * body odour * erection * wet dreams * labour * contractions * sexual intercourse * fertilisation * sperm * gestation * contraception * STI |
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