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| **CfE OUTCOME** | **INTENDED LEARNING** | **POSSIBLE LINKS WITH OTHER CfE AREAS** | **SUGGESTED VOCABULARY** |
| **HWB 2-47a**I recognise that how my body changes can affect how I feel about myself and how I may behave.**HWB 2-48a**I can describe the physical and emotional changes during puberty, understanding why they are taking place and the importance of personal hygiene.**HWB 2-50a** I am able to describe how human life beginsHWB3/5-47aUsing what I have learned I am able to make informed decisions and choices that promote my own and others sexual health and well being | Learners should:* know that as they approach puberty, physical and emotional changes take place
* understand that each person’s body changes at different rates during puberty
* know and use the correct terminology for parts of the body
* know about, and be able to describe, the changes which occur during puberty for boys and girls
* understand about the process of menstruation
* be able to make the link between, menstruation, pregnancy and birth
* know about the process of fertilisation involving sperm & egg
* know about the process of sexual intercourse
* understand the process of birth/labour involving contractions of the uterus
* to be aware of the different types of contraception, their effectiveness and pros and cons of each
* be aware of the rights and responsibilities including under law
* be aware of the signs and symptoms of STIs and how they can be treated
 | **HWB 0-01a / 4-01a**I am aware of and able to express my feelings and am developing the ability to talk about them. | Suggested vocabulary:* tampon
* sanitary towel
* pubic hair
* period
* scrotum
* foetus
* sweat
* facial hair
* hygiene
* hormone
* spots
* menstruation
* gestation
* body odour
* erection
* wet dreams
* labour
* contractions
* sexual intercourse
* fertilisation
* sperm
* gestation
* contraception
* STI
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