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Dear Parent/Carer

### **S1 and S2 School Walk – Friday 11<sup>th</sup> June 2021**

As part of the outdoor education programme we would like to offer the opportunity for all pupils in S1 and S2 to participate in a school walk on Friday 11<sup>th</sup> June. The event will promote healthy activity, physical fitness and an appreciation of our local countryside.

We are asking pupils to select whether they would like to sign up for the 'short' (approximately 10km) route or the 'long' (approximately 20km) route. The route is an out and back journey from school, all pupils will follow the scenic path along the banks of the River Tay to the Community Garden at Camserney. Pupils on the shorter route will enjoy a picnic lunch at the Community Garden before returning to school. Pupils on the longer route will proceed from there on the Landrover track to Loch Farleyer for a picnic lunch before retracing their steps back to school. School staff will accompany pupils on the walk and there will be strategic intervals along the route.

### **Date**

Friday 11<sup>th</sup> June 2021

### **What to Bring**

It is recommended that pupils are equipped with: comfortable boots, strong shoes suitable for walking, or substantial trainers with appropriate comfortable socks; suitable clothing such as trousers, shorts or sportswear, a warm jumper and waterproof jacket; a rucksack to carry personal belongings and any personal medication on the walk.

### **What to Eat**

Breakfast is recommended before starting the walk. Please bring a packed lunch, snacks and cold drink including a bottle of water which can be refilled if necessary. If students are entitled to free school meals, a packed lunch can be ordered prior to the day and collected in advance.



## **Departure from School**

It is essential pupils are on time. If, for unavoidable reasons, a pupil is late, he or she must sign in with the School Office and report to a staff member in the Canteen before starting to walk.

Pupils should remember that road safety is of paramount importance, not only for our pupils' safety, but the well-being of many other road users.

Everyone will be back in time for the end of the school day.

At the end of the walk, once pupils return to school, they should report to register in the school canteen. It is imperative that pupils do this because it enables the school to account for everyone's safe return to school.

If a pupil feels ill or decides that they cannot walk further, pupils should inform a member of staff whilst walking. There will be school transport in the form of a PKC minibus which will be available at specific points of the walk.

Pupils will, of course, be observing all precautions to prevent Covid-19 infection, and should restrictions be tightened, we may have to postpone the activity. However, given current infection levels, government advice and the precautions we have in place we are absolutely confident that there would be no additional risk to our pupils or other members of the local community.

To give your child permission to participate in this activity please email the school with your child's name and choice of walk length – long or short by Thursday 3<sup>rd</sup> June. There is an online form to complete at <https://forms.office.com/r/Q074drKT8B>

Yours faithfully



**John Devine**  
**Headteacher**