

Perth & Kinross Disability Sport



Woman & Girls in Sport Come and Try Event Saturday 4th December 2021 Academy of Sport & Wellbeing Perth College, UHI



Introduction

Perth & Kinross Disability Sport are delighted to invite participation from Woman & Girls of all ages with physical, learning or sensory disabilities or related conditions to our 'Woman & Girls in Sport Come & Try Event'.

In partnership with **Perth Strathtay Harriers, Glenearn Badminton Club, Perth Eagles Wheelchair Sports and Boccia Club, Get Out Get Active Tayside (GOGA)** and **Scottish Disability Sport**, we are offering the opportunity to try out the following sports in a friendly and supportive environment to encourage more women & girls into sport and physical activity, raise awareness of those regularly taking part at all levels, and address the barriers that lead to lower activity rates among women.

- Indoor Athletics
- Badminton
- Boccia
- Wheelchair sport
- Fitness / DrumFit

There is no cost to participate.

Location

Academy of Sport & Wellbeing, Perth College, UHI, Crieff Road, Perth, PH1 2LU

Day and Time

Saturday 4th December 2021 – 2pm - 4pm

Refreshments

Please bring a wee snack and plenty of water / drinks with you.

Facilities

There is an accessible toilet, however no changing rooms are available, please arrive ready to participate.

What should I wear?

Please wear clothes and appropriate footwear suitable for participation in indoor physical activity and sport.

What do I do when I get there?

There will be a registration desk set up inside the sports hall where you can sign in for the event. We will look after you from there.

What if I have more questions?

Please contact Graeme Doig, Branch Coordinator for Perth & Kinross Disability Sport at graeme@pkds.org.uk

Application Deadline

Closing date for entries is Friday 3rd December 2021 – Registration is essential for you to take part so we can issue you with our COVID safety guidance beforehand.

How to apply

Online at

<https://www.cognitofrms.com/ScottishDisabilitySport/PerthKinrossDisabilitySportWomenGirlsInSportComeAndTryEvent>

Or

Complete the form below and email it to: graeme@pkds.org.uk



"Taking part in sport enables me to have something to focus on, set goals and work towards them.

I'm able to meet other people, make new friends and have amazing opportunities"

Wiktoria

"Taking part in sport benefits Wiktoria as she is able to meet other people with disabilities and make friends which make her feel included.

She is always happy to take part and sport is a good form of physiotherapy for her.

It makes Wiktoria very determined to do her best."

Aneta, Wiktoria's Mum

Wiktoria Mucha

**Frame Running and
Wheelchair Sports**

**Represents Perth Strathtay
Harriers and Perth Eagles**

Registration Form

Participant Details

Name	
Date of Birth	
Address	
Postcode	
School (if applicable)	
Disability (Please cross)	Physical Impairment <input type="checkbox"/> Wheelchair user <input type="checkbox"/> Learning Disability <input type="checkbox"/> Visual Impairment <input type="checkbox"/> Physical Impairment <input type="checkbox"/> Autism / Other <input type="checkbox"/>
Mobility Equipment Used (e.g. manual wheelchair, powerchair)	
Please provide further information about your disability that you feel we may need to know, in order to provide the best experience for you.	

Parent / Guardian Contact Details (if applicable)

Name	
Relationship to Participant	
Telephone Number	
Email	

Emergency Contact Details (if different)

Name	
Relationship to Participant	
Telephone Number	

Will a Parent or Guardian be attending on the day?

Yes / No

Application Form

Sporting Activities

We are aiming to gather information to measure the impact this event has on participants level of physical activity – to do so, can you please complete the required information below.

We may contact you after the event to ask whether levels of activity have been increased as a result of attending the event.

Do you currently take part in weekly sport or physical activity sessions? Yes / No

If yes, who is this with?

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.....
.....
.....

In a typical week over the last month, how many days did you do any physical activity for 10 mins or more?

0 1 2 3 4 5 6 7

On average, on those days for how many minutes did you usually do physical activity?

10 mins 20 mins 30 mins
40 mins 50 mins 60 mins More than 60 mins

What is your main reason(s) for taking part in sport / physical activity?

To get more active / fitter / healthier

To learn new skills

To lose weight

To increase confidence

To socialise / get out more/ meet people

Other reason(s)
.....

Photography

We will be taking photographs on the day to promote the event and raise awareness for Woman & Girls to participate in sport and physical activity. Please indicate if you are happy to be included in any photos taken for our and partner social media platforms

Please tick the box if you do not wish to be photographed

Club Contact Details



Perth Strath Tay Harriers - j_m_hunter@btinternet.com

Sessions: Tuesday 5pm-6pm (age 5-8) & 6pm-7pm (age 8+)

Where: George Duncan Athletics Arena, Perth



Glenearn Badminton Club - frazer@leapsports.org

Sessions: Monday - tbc

Where: Academy of Sport & Wellbeing, Perth College, UHI



Perth Eagles Boccia Club – graeme@pkds.org.uk

Sessions: Thursday 5pm-6pm

Where: Bells Sports Centre



Perth Eagles Wheelchair Sports Club – graeme@pkds.org.uk

Sessions: Friday 6pm-7pm

Where: Academy of Sport & Wellbeing, Perth College, UHI



Get Out Get Active Tayside (GOGA) - tay.goga@nhs.scot

Sessions: Various virtual and face to face sessions across the week

Where: Various

Perth & Kinross Disability Sport Privacy Notice

Perth & Kinross Disability Sport is a “controller” of the personal information you provide us.

What We Need

When you provide information about yourself for events, courses, workshops or other opportunities, we will ask you for the following information.

- Contact details including name, address, telephone number, email address and date of birth;
- Details of your role in sport, e.g. coach, athlete, volunteer, official, parent, support staff;
- Equality information including age, disability or medical condition, employment information, ethnic group, religious belief, gender identity and sexual orientation.

Why we need your personal information

Contractual purposes

We need to collect personal information in order to manage attendance and participation. We will use this information to:

- Provide you with services such as training activities;
- Administer your attendance;
- Process awards and qualifications
- Send you communications in relation to opportunities we think may interest you.

If you do not provide all of the personal information we request then this may affect our ability to offer you services and benefits.

Legitimate purpose

We also process personal information in order to:

- Promote and encourage participation in disability sport by sending communication about forthcoming opportunities. Our events may be photographed or filmed and information captured in this way may be used for promotional and education purposes. You will always be given the option to refuse this;
- Provide opportunities and competition in disability by managing entries for events and checking your personal information to ensure you are participating at an appropriate level;
- Monitor and develop participation in disability sport by monitoring engagement and participation and , on occasion, inviting participants to take part in surveys for research and development purposes;
- Develop and maintain qualifications and awards, including sending communications to inform you of forthcoming courses, renewal requirements and to verify that you have completed any mandatory training requirements;
- Respond to and communicate with participants regarding questions, comments, support needs or complaints in relation to disability sport.

Where we process your personal information in pursuit of our legitimate interests, you have the right to object to us using your personal information for these purposes. If you wish to object to any of these, please contact Perth & Kinross Disability Sport on 07999544549, email Graeme@pkds.org.uk or write to us at Dewars Centre, Glover Street, Perth PH2 0TH

Legal obligations

We are under a legal obligation to process certain personal information for the purpose of complying with:

- The Protection of Vulnerable Groups (Scotland) Act 2007 to check that our coaches and volunteers are able to undertake regulated work with children and vulnerable adults;
- Our **sportscotland** regulatory requirements to report on size, achievements and profile;
- The equality Act 2010, which requires us to process personal information to make reasonable adjustments where necessary.

Equality monitoring requirements

We are required by **sportscotland** to use personal information relating to equality for monitoring purposes.

We will process such personal information through aggregated and anonymised reports to identify and keep under review equality of opportunity or treatment of groups of people, to promote or maintain equality within disability sport.

Other uses of personal information

We may ask you if we can process your personal information for additional purposes. If so, we will provide you with additional information on how we will use your information.

Who we share your personal information with

If your personal information is included in any images or videos we take, we may share this with event or project partners or governing bodies, including **sportscotland**, for promotional purposes.

We may be required to share personal information with statutory or regulatory organisations such as Disclosure Scotland or Police Scotland.

We may also share personal with our professional and legal advisors on order to take advice.

Where we share personal information with third parties, we will only share the personal information strictly required for the specific purposes and will take reasonable steps to ensure that recipients shall only process the disclosed personal information in accordance with those purposes.

We may employ contractors to process personal information. Such contractors are subject to written contractors only process that information under our instructions, to process and to abide by the restrictions of existing legislation on data protection.

How long we keep your personal information

We will only keep your personal information for as long as necessary or for as long as we believe you maintain an interest in disability sport.

We will keep certain information for longer in order to confirm your identity.

Your rights

You can exercise any of the following rights by contacting Perth & Kinross Disability Sport on 07999544549, email Graeme@pkds.org.uk or write to us at Dewars Centre, Glover Street, Perth PH2 0TH:

- The right to request access to the personal information we hold about you by making a “subject access request”
- The right to have personal information corrected or completed;
- The right to request that we restrict the processing of your personal information for specific purposes;
- The right to request us to delete your personal information.

Any requests received by Perth & Kinross Disability Sport will be considered under data protection legislation. If you remain dissatisfied, you have a right to raise a complaint with the information commissioner’s office at www.ico.org.uk