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Dear Parents and Carers

Family Mealtime Experience

Our Family Mealtime Experience is now offered daily to all children in Early Learning and Childcare (ELC) settings across Perth and Kinross. The children and staff sit together to enjoy a relaxed, nurturing meal together with children having opportunities to take a key role in setting up, serving themselves, and helping to clear up.

This video will help to provide you with information about our Family Mealtime Experience, and the wide range of benefits to the children's learning and wellbeing. Please access the video using this link: [ELC Family Mealtime Experience - YouTube](#) .

We would appreciate parents and carers taking some time to complete a short survey about the Family Mealtime Experience. Please find the survey [using this link](#) and please note that the closing date will take place on **Friday November 26th**.

We appreciate your help in completing the survey and remind you that the staff in your child's ELC setting are available to discuss the mealtime offer with you further if you would feel this is useful.

Kind Regards,

Bernadette Martin-Scott

Service Manager Early Years and Childcare
Education and Children's Services

