**Breadalbane Academy**

National Qualifications - Course and Assessment Overview 2021 / 2022

**SUBJECT: LEVEL:**

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| **Term 1****August - October** | **Term 2****October - December** | **Term 3****January - March** | **Term 4** **April - May** |
| Course Content | Type of Assessment /Completion Date | Course Content | Type of Assessment /Completion Date | Course Content | Type of Assessment /Completion Date | Final Assessment Composition and Date |
| Factors Impacting Performance and Performance DevelopmentData Collection: Physical Fitness and Social FactorsApproaches to develop: Physical Fitness and Social FactorsGoal SettingRecording, Monitoring and Evaluating methods | End of Unit Test1st Week in October | Data Collection: Physical Skills Mental and Emotional FactorsApproaches to develop: Physical Skills Mental and Emotional FactorsModel PerformancesRecording, Monitoring and Evaluating Methods | End of Unit Test2nd Week in December | Performance Development ProgrammeAdapting PDPEvaluation of PDPFuture Performance Development PlanningScenario Work | Prelim 1– JanuaryPrelim 2 – 30th March | Course Assessment: Performance50%Exam2 ½ Hour Written50% |