**Breadalbane Academy**

National Qualifications - Course and Assessment Overview 2021 / 2022

**SUBJECT: LEVEL:**

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| **Term 1**  **August - October** | | **Term 2**  **October - December** | | **Term 3**  **January - March** | | **Term 4**  **April - May** |
| Course Content | Type of Assessment /  Completion Date | Course Content | Type of Assessment /  Completion Date | Course Content | Type of Assessment /  Completion Date | Final Assessment Composition and Date |
| Factors Impacting Performance and Performance Development  Data Collection: Physical Fitness and Social Factors  Approaches to develop: Physical Fitness and Social Factors  Goal Setting  Recording, Monitoring and Evaluating methods | End of Unit Test  1st Week in October | Data Collection:  Physical Skills Mental and Emotional Factors  Approaches to develop: Physical Skills Mental and Emotional Factors  Model Performances  Recording, Monitoring and Evaluating Methods | End of Unit Test  2nd Week in  December | Performance Development Programme  Adapting PDP  Evaluation of PDP  Future Performance Development Planning  Scenario Work | Prelim 1– January  Prelim 2 – 30th March | Course Assessment: Performance50%  Exam  2 ½ Hour Written  50% |