**Breadalbane Academy**

National Qualifications - Course and Assessment Overview 2021 / 2022

**SUBJECT: Physical Education** **LEVEL: National 5**

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| **Term 1**  **August - October** | | **Term 2**  **October - December** | | **Term 3**  **January - March** | | **Term 4**  **April - May** |
| Course Content | Type of Assessment /  Completion Date | Course Content | Type of Assessment /  Completion Date | Course Content | Type of Assessment /  Completion Date | Final Assessment Composition and Date |
| Factors Impacting Performance (Mental, Emotional, Social and Physical)  Data Collection: Physical Fitness and Emotional  Approaches to Develop: Physical Fitness and Emotional |  | Data Collection: Physical Skills and Mental Factors  Approaches to develop: Physical Skills and Mental  Mini Performance Development Programme | Section 1 of Portfolio  October | Data Collection  Performance Development Programme  Evaluating Performance Development Programme | Sections 2 and 3 of Portfolio  Written Portfolio (50%)  Completed by Easter Holidays | Course Assessment: Performance 50% |