**Breadalbane Academy**

National Qualifications - Course and Assessment Overview 2021 / 2022

**SUBJECT: Physical Education** **LEVEL: National 5**

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| **Term 1****August - October** | **Term 2****October - December** | **Term 3****January - March** | **Term 4** **April - May** |
| Course Content | Type of Assessment /Completion Date | Course Content | Type of Assessment /Completion Date | Course Content | Type of Assessment /Completion Date | Final Assessment Composition and Date |
| Factors Impacting Performance (Mental, Emotional, Social and Physical)Data Collection: Physical Fitness and Emotional Approaches to Develop: Physical Fitness and Emotional |  | Data Collection: Physical Skills and Mental FactorsApproaches to develop: Physical Skills and MentalMini Performance Development Programme | Section 1 of Portfolio October | Data CollectionPerformance Development Programme Evaluating Performance Development Programme  | Sections 2 and 3 of PortfolioWritten Portfolio (50%)Completed by Easter Holidays | Course Assessment: Performance 50% |