**Breadalbane Academy**

National Qualifications - Course and Assessment Overview 2021 / 2022

**SUBJECT: SRUS** **LEVEL: National 5**

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| **Term 1****August - October** | **Term 2****October - December** | **Term 3****January - March** | **Term 4** **April - May** |
| Course Content | Type of Assessment /Completion Date | Course Content | Type of Assessment /Completion Date | Course Content | Type of Assessment /Completion Date | Final Assessment Composition and Date |
| Daily Duties- Outcome 1**Assist with setting-up, dismantling and storing equipment.**Daily Duties- Outcome 2**Maintain facility areas in a supervised role.**Daily Duties- Outcome 3**Assist with and respond to client needs.**Employment in Sport and Recreation- Outcome 1**Identify career pathways and relevant skills, qualifications and experience required to progress into employment in the sport and recreation industry.**Employment in Sport and Recreation- Outcome 2**Map and review personal skills, qualifications and experience against identified career options in the sport and recreation industry.**Employment in Sport and Recreation- Outcome 3**Develop a personal career action plan based on experience in sport and recreation.**Assist with delivery of activity- Outcome 1**Collect relevant information, carry out a risk assessment and produce a plan for a component of an activity session for both a group and for one client, with the person responsible.** | Practical and PaperworkAugustPractical and PaperworkAugustPractical and PaperworkAugustPaperworkSeptemberPaperworkSeptemberPaperworkSeptemberPaperworkOctober | Assist with Delivery of Activity- Outcome 2**Deliver the component of the activity sessions with the person responsible.**Assist with Delivery of Activity- Outcome 3**Carry out emergency procedures in an activity session environment with the person responsible.**Assist with Delivery of Activity- Outcome 4**Develop a personal action plan in relation to the activity sessions with the person responsible.**Assist with Fitness Programming- Outcome 1**Develop a physical training plan for an agreed client with the person responsible.**Assist with Fitness Programming- Outcome 2**Monitor the physical training plan and modify it, as required, with the person responsible.**Assist with Fitness Programming- Outcome 3**Review the physical training plan with the person responsible and modify it as required for future use.** | PracticalDecemberPractical and PaperworkDecemberPaperwork DecemberPractical and PaperworkOctoberPractical and PaperworkNovemberPractical and PaperworkDecember | Uniformed Services Intro- Outcome 1**Investigate a range of uniformed and emergency services.**Uniformed Services Intro- Outcome 2**Investigate career opportunities in the uniformed and emergency services.**Uniformed Services Intro- Outcome 3**Participate in practical activities in an allocated role in a specific service environment.**Uniformed Services Intro- Outcome 4**Review and evaluate own performance in specified employability skills.**Health & Safety- Outcome 1**Explain why it is important to maintain personal wellbeing and a healthy lifestyle for those working in the uniformed and emergency services.**Health & Safety- Outcome 2**Participate in physical fitness activities that promote improvements in the components of fitness required in the uniformed and emergency services.**Health & Safety- Outcome 3**Carry out a basic risk assessment in a specific service environment.**Health & Safety- Outcome 4**Contribute to the management of an unexpected situation in a uniformed and emergency services environment.**Engaging with the Community- Outcome 1**Investigate diversity within a local community and explain its relevance to the uniformed and emergency services.**Engaging with the Community- Outcome 2**Investigate an issue of concern to the local community which is relevant to one of these services.**Engaging with the Community- Outcome 3**Interview a member of the local community about an issue.**Engaging with the Community- Outcome 4**Explain how to manage a confrontational situation.**Working in Team- Outcome 1**Investigate the nature and importance of team-working in the uniformed and emergency services.**Working in Team- Outcome 2**Contribute to a plan for a team task to a given brief, in a service environment.**Working in Team- Outcome 3**Contribute to the specified team task.**Working in Team- Outcome 4**Review and evaluate own contribution to team-working on completion of the task.** | PaperworkJanuaryPaperworkJanuaryPractical &PaperworkJanuaryPaperworkJanuary-MarchPaperworkJanuaryPractical &PaperworkJanuaryPaperworkJanuaryPractical &PaperworkJanuaryPaperworkFebruaryPaperworkFebruaryPaperworkMarchPaperworkMarchPaperworkJanuaryPractical &PaperworkFebruaryPractical &PaperworkFebruaryPaperworkFebruary |  |