**Breadalbane Academy**

National Qualifications - Course and Assessment Overview 2021 / 2022

**SUBJECT: SRUS** **LEVEL: National 5**

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| **Term 1**  **August - October** | | **Term 2**  **October - December** | | **Term 3**  **January - March** | | **Term 4**  **April - May** |
| Course Content | Type of Assessment /  Completion Date | Course Content | Type of Assessment /  Completion Date | Course Content | Type of Assessment /  Completion Date | Final Assessment Composition and Date |
| Daily Duties- Outcome 1  **Assist with setting-up, dismantling and storing equipment.**  Daily Duties- Outcome 2  **Maintain facility areas in a supervised role.**  Daily Duties- Outcome 3  **Assist with and respond to client needs.**  Employment in Sport and Recreation- Outcome 1  **Identify career pathways and relevant skills, qualifications and experience required to progress into employment in the sport and recreation industry.**  Employment in Sport and Recreation- Outcome 2  **Map and review personal skills, qualifications and experience against identified career options in the sport and recreation industry.**  Employment in Sport and Recreation- Outcome 3  **Develop a personal career action plan based on experience in sport and recreation.**  Assist with delivery of activity- Outcome 1  **Collect relevant information, carry out a risk assessment and produce a plan for a component of an activity session for both a group and for one client, with the person responsible.** | Practical and Paperwork  August  Practical and Paperwork  August  Practical and Paperwork  August  Paperwork  September  Paperwork  September  Paperwork  September  Paperwork  October | Assist with Delivery of Activity- Outcome 2  **Deliver the component of the activity sessions with the person responsible.**  Assist with Delivery of Activity- Outcome 3  **Carry out emergency procedures in an activity session environment with the person responsible.**  Assist with Delivery of Activity- Outcome 4  **Develop a personal action plan in relation to the activity sessions with the person responsible.**  Assist with Fitness Programming- Outcome 1  **Develop a physical training plan for an agreed client with the person responsible.**  Assist with Fitness Programming- Outcome 2  **Monitor the physical training plan and modify it, as required, with the person responsible.**  Assist with Fitness Programming- Outcome 3  **Review the physical training plan with the person responsible and modify it as required for future use.** | Practical  December  Practical and Paperwork  December  Paperwork December  Practical and Paperwork  October  Practical and Paperwork  November  Practical and Paperwork  December | Uniformed Services Intro- Outcome 1  **Investigate a range of uniformed and emergency services.**  Uniformed Services Intro- Outcome 2  **Investigate career opportunities in the uniformed and emergency services.**  Uniformed Services Intro- Outcome 3  **Participate in practical activities in an allocated role in a specific service environment.**  Uniformed Services Intro- Outcome 4  **Review and evaluate own performance in specified employability skills.**  Health & Safety-  Outcome 1  **Explain why it is important to maintain personal wellbeing and a healthy lifestyle for those working in the uniformed and emergency services.**  Health & Safety-  Outcome 2  **Participate in physical fitness activities that promote improvements in the components of fitness required in the uniformed and emergency services.**  Health & Safety-  Outcome 3  **Carry out a basic risk assessment in a specific service environment.**  Health & Safety-  Outcome 4  **Contribute to the management of an unexpected situation in a uniformed and emergency services environment.**  Engaging with the Community- Outcome 1  **Investigate diversity within a local community and explain its relevance to the uniformed and emergency services.**  Engaging with the Community- Outcome 2  **Investigate an issue of concern to the local community which is relevant to one of these services.**  Engaging with the Community- Outcome 3  **Interview a member of the local community about an issue.**  Engaging with the Community- Outcome 4  **Explain how to manage a confrontational situation.**  Working in Team-  Outcome 1  **Investigate the nature and importance of team-working in the uniformed and emergency services.**  Working in Team-  Outcome 2  **Contribute to a plan for a team task to a given brief, in a service environment.**  Working in Team-  Outcome 3  **Contribute to the specified team task.**  Working in Team-  Outcome 4  **Review and evaluate own contribution to team-working on completion of the task.** | Paperwork  January  Paperwork  January  Practical &  Paperwork  January  Paperwork  January-March  Paperwork  January  Practical &  Paperwork  January  Paperwork  January  Practical &  Paperwork  January  Paperwork  February  Paperwork  February  Paperwork  March  Paperwork  March  Paperwork  January  Practical &  Paperwork  February  Practical &  Paperwork  February  Paperwork  February |  |