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Dear Parent/Carer

Save a Life for Scotland – Monday 30th October 2023

Save a Life Scotland is a national campaign launched in October 2015 who achieved their original aim of equipping 500,000 people living in Scotland with CPR skills, and survival after Out-of-Hospital Cardiac Arrest (OHCA) has increased significantly. Looking ahead, they need everyone to be a part of the Chain of Survival and we want to reach as many people as we can. Together they want to equip **1 million people** in Scotland with CPR skills by 2026.

Here at Breadalbane Academy we feel that CPR is a very important life skill and everyone should be equipped with this knowledge. We are therefore holding a Save a Life for Scotland event at the Campus on Monday 30th October. All pupils from P5 – S6 will be involved and will have the opportunity to learn this very important skill. At our 2018 event over 500 pupils, staff and community members completed this vital training and as a result were also nominated for a Scottish First Aid Award.

How will this be done?

On the day partnerships under Save a Life for Scotland with emergency services such as the Scottish Ambulance Service, Scottish Fire and Rescue Services & St Johns Ambulance will attend and deliver the training.

P5 - S6 pupils will attend a short video presentation on the CPR technique in the assembly hall. This will be followed by the attending medical professionals talking them through the technique and answering any questions. The pupils will then have the opportunity to practice their newly acquired skills on the CPR mannequins. We request that our Primary pupils bring a firm stuffed toy with them to use instead. They will be supported by the medical professionals who will guide and advise them at all times. The whole session should take no longer than 45minutes.

At the end of the school day the event will open to the community, where anyone of any age is encouraged to come along and learn CPR. The volunteers will be at the campus until 6pm to train anyone who is willing to learn.



All P5 – S6 Breadalbane Academy pupils will be attending the event on the day. If you do not wish your child to take part, please ensure you let the school office know, they will in turn make the class teacher aware on the day.

If you would like more information on Save a Life Scotland please go to their website www.savealife.scot where you will find more information and videos from school staff and pupils who have attended previous events.

Yours faithfully

A handwritten signature in black ink, appearing to be 'JD' followed by a horizontal line.

Mr John Devine
Headteacher/Campus Leader