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Dear Parent/Carer

S2 Home Economics - Highland Chef Competition

This week we are launching our annual Highland Chef competition in collaboration with The Townhouse in Aberfeldy. Between now and mid-February, all S2 pupils will be involved in starter, main and dessert heats during their usual timetabled Home Economics classes. The winner from each class heat will then move on to the finals stage of the competition.

The dates of the heats are as follows:

- Starters - week commencing 29th January.
- Mains - week commencing 5th February.
- Desserts - week commencing 19th February.

For each heat pupils will be required to plan and make a recipe of their choice. Pupils will begin the planning process in class and then create a recipe for each of their chosen three dishes for homework via Microsoft Teams. The recipes produced will be used to purchase the required ingredients, so it is important this task is carried out accurately. The Home Economics department will provide all ingredients for the recipes so there is no need bring anything in from home.

Pupils should ensure their recipes:

- showcase seasonal and local produce.
- take less than a period (approx. 50 min) to prepare. This includes weighing/measuring and washing up afterwards.
- are within their skill/ability range.
- are a one-person portion.
- are presented in grams and millilitres.
- contain a variety of flavours and textures.
- can be presented in a creative/professional manner with garnishes/decorations.

In the meantime, if you have any queries, please do not hesitate to contact me.

Yours faithfully,

Miss B Campbell
Principal Teacher - Home Economics

