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Dear Parent/Guardian

As our ski trip to Italy is approaching, please find below some final reminders and key information.

Sestriere

Snow conditions in Sestriere are currently very good, with further snowfall forecast before and during our stay. Daytime temperatures have recently been as low as -15°C, dropping to -20°C in the evening. Although temperatures are expected to rise slightly, they will remain well below freezing. Please ensure pupils pack sufficient warm layers, including a buff or snood, and consider glove liners or hand warmers.

Departure Information

- **Date:** Saturday, 10 January 2026
- **Pick-up Locations:**
  - Breadalbane Academy – arrive by **8:15am**
  - Birnam Hotel – arrive by **8:45am**

We have a record of each pupil's pick-up point. If this has changed, please inform us by **12:00pm on Friday 9 January**. Given recent weather conditions, please allow extra time to ensure prompt arrival.

Money

Pupils will require some spending money for the journey:

- **UK Pounds:** Food during UK travel (pupils may bring a packed meal if preferred)
- **Euros:** Breakfast and lunch while travelling through France
- **Italy:** All meals are included. For optional extras such as snacks or souvenirs, approximately **€15 per day** is sufficient
- **Return Journey:** Euros for breakfast in France and UK Pounds for meals in the UK

Luggage

Hand Luggage List

- Passport and GHIC card
- One pair of ski socks

- DVDs may be brought if they are age-certified **12 or below**.
- Euros (max €15/day), UK Pounds
- Snacks, water bottle
- Travel pillow, blanket/sleeping bag
- Freshening-up kit (toothbrush, underwear)
- Entertainment (book, games, DVDs)
- Mobile phone, charger, headphones
- Medication, tissues

Hold Luggage Essentials

- Ski jacket
- Salopettes
- Thermal layers
- Micro-fleece/jumper
- Ski socks
- Goggles, Sunglasses
- Buff/snood
- T-shirts
- Suncream – Factor 50
- Lip Balm
- Toiletries, towel
- Jeans/trousers (max 2),
- Jumpers/hoodies (max 2)
- Underwear, socks,
- Hat
- Pajamas
- Travel adapter
- Trainers/Boots for walking in Sestriere

Return Journey

The estimated return time to Breadalbane Academy is **01:50am on Sunday 18 January**. Pupils will provide updates during the journey, including timings for the Birnam drop-off.

Contact During the Trip

Pupils will be busy throughout the trip, so periods without contact are normal. Updates will be shared via the school Facebook page. If you need to pass on sensitive information, please contact the school directly so we can support your child appropriately.

If you have any questions, please do not hesitate to get in touch.

Yours faithfully

Mr Douglas
PT Physical Education and Outdoor Learning